Media Advisory – July 10, 2018, For immediate release

The Leeds Grenville Small Business Enterprise Centre is pleased to announce the 3rd round of participants of the Starter Company Plus program which assists businesses in existence for 1 to 5 years, a business looking to expand or an entrepreneur looking to purchase an existing business. The program in funded through the Province of Ontario as part of the economic strategy that strengthens job creation in an innovation-driven economy. To qualify for the Starter Company Plus Program you must be:

- 18 years of age or older
- an Ontario resident and Canadian citizen (or permanent resident)
- not attending school full-time or returning to school
- able to contribute 25% of the grant in kind or cash

The 6 month program includes:

- one-on-one guidance from a Small Business Enterprise Centre advisor
- Business plan workshop, coaching and mentorship
- Up to \$5,000 grant

Arlene Laberge, Laberge Lavender Lane

Arlene is a holistic health practitioner who offers Reflexology, Relaxation Massage and, newly added, Indian Head Massage. She also sells the Dolphin Water System which is an alkaline construction of water containing high concentrations of oxygen and minerals purified to its highest form of natural energy. She plans to open a salt cave the fall. Arlene can be reached at labergelavenderlane@outlook.com or Cell: 613-498-5263

Cherie Hebert, Your Ascension Journey

Your Ascension Journey is a home based business in Maitland, Ontario. Cherîe works with her clients to implement the importance of a healthy balanced state of Being, between the mental, emotional, physical and spiritual bodies, using the energy based therapy of Reiki Energy Treatments as well as the stress relieving and detoxifying methods of Ayurvedic Head and Body Massage. Spiritual Life Coaching and Readings are also used to assist others with spiritual life questions and how to navigate them. Cherîe can be reached at **journey0888@gmail.com** or 613-806-4444.

Delia Leogreen, HeartSole Baby Shoes

Delia manufactures soft soled shoes for newborns to age 3 in both a retail and wholesale capacity. The goal and objective is to maintain the commitment to ethically sourced materials and to make stylish, well made, children's shoes. The business operates in North Grenville. Delia can be reached at heartsolebabyshoes@gmail.com or 613-809-6219

Kaitlin Dullemond, Brockville Wellness Registered Massage Therapy

Kaitlin purchased Brockville Wellness Registered Massage Therapy in 2017; it was previously established in 2013. Kaitlin and her team of 2 massage therapists are committed to providing quality massage therapy treatments and health products to their clients. They treat a large variety of conditions with a focus on deep tissue message and scar tissue rehabilitation. The clinic is located at 6 Glenn Wood Place. Kaitlin can be reached at info@brockvillewellness.ca or 613-342-3333 or you can book appointments online at www.brockvillewellness.ca

Kim Smalridge, Stepping Stone Pediatric Physical Therapy

Stepping Stone provides private, local physical therapy services for infants and school-aged children in North Grenville and the surrounding areas. The business supports children with physical needs such as gross and fine motor, orthopedic, neurological, congenital and/ or chronic pain conditions, as well as their caregivers through individual sessions, playgroups and workshops, and educational tools and resources. The business is located on Prescott St. in Kemptville. You can reach Kim at steppingstonepedsphysio@gmail.com or 613-889-0626.

Linda Davis, Burdock & Nettle

Burdock & Nettle, handcrafted by The Herbal Path, grows and wild forages herbs and plants for the development of herbal products and beginning in the summer of 2018 will begin to offer educational herbal workshops for locals and tourists. Products include chemical free bug sprays, skin care and beard oils. Linda can be reached at info@burdockandnettle.ca or 613-213-2129.

Josie Groniger, Brockberry Café

Brockberry Café has recently expanded their service to include a retail section in the restaurant that offers healthy, delicious and nutritious takeout meals. These meals are ideal for busy families, unexpected company or an evening when you don't feel like cooking. Stop by the restaurant for a look at the variety of foods available. Josie can be reached at 613-498-2829 or josie@brockberrycafe.com.

Shawn Ogilvie, 1000 Islands Sports Report

1000 Islands Sports Report is a home based business located in Brockville. Shawn brings 18 years of local advertising experience. This glossy publication highlights all local sports in a monthly sport's magazine. It features past/ present profiles of local athletes who excelled in their sport. The magazine is available in several locations and is also delivered to some homes in the Brockville area. Shawn can be reached at ogilvieshawn@gmail.com or (613) 349-5706.

The mandate of the Centre is to guide entrepreneurs through the first 5 years of their business through: consultation, coaching and programs that are offered. For more information or to book and appointment with one of the business experts check out www.lgsbec.com or wendy@lgsbec.com.

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