

*Residents
of retirement and long
term care homes
are vulnerable to
infection.*



**It's everyone's
responsibility to
F•O•C•U•S
on infection control.**

Leeds, Grenville & Lanark District Health Unit

Infectious Disease Program

Brockville: 613-345-5685

Smiths Falls: 613-283-2740



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**When visiting during an
Outbreak remember:**

F•O•C•U•S

Follow facility instructions

Facilities in outbreak will have certain requirements of visitors to help prevent the spread of infection. Some of the things you may be asked to do include checking in at the nurses' station or wearing a mask.

Only 1 resident; only 1 room

If you are visiting someone who is sick it is important that they remain in their room. You will be asked to keep visits contained to this area and that only one resident be visited at a time.

Clean hands often

Use soap and water or alcohol-based hand sanitizer upon arrival; before leaving a resident's room; and when leaving the facility.

Udate flu immunization

Getting the flu shot is the best way to protect yourself and others. The virus can be spread to others before symptoms even start and those in long term care or retirement homes are more vulnerable.

Stay home if you are ill

If you feel unwell; stay home. Everyone is put at risk if you visit the facility when you are sick. Some of the symptoms to look out for include coughing, sneezing, fever, sore throat, nausea, vomiting, and diarrhea.