

### MESSAGES FROM . . .

#### Support Services

##### **Lost and Found**

Please check the Lost and Found rack located in the Centre Core outside the Private dining room. If the item belongs to your loved one, please give it to nursing staff for labelling. If you have any new items, labelling is required to prevent loss.

##### **Maintenance Department**

The maintenance department has been busy planting beautiful flowers around the premises.

##### **Father's Day Lunch**

Meal tickets for Father's Day Lunch June 16, 2019 are available to purchase until June 10, 2019.

##### **Canada Day**

MVL Residents will be celebrating Canada Day with delicious strawberry desserts.



##### **Private Dining Room**

Self serve coffee and tea are available for guests in the private dining room.

#### Announcements

##### **Staff Appreciation Week May 6-10**

In celebrating our MVL Staff, they enjoyed a fun filled week in assorted dress up attire with treats prepared and hand delivered by managers from May 6-10.

##### **Footcare/Dental Hygienist**

Contract arrangements for Footcare and Dental Hygiene are in process. Families will be notified when services resume

#### Nursing Care

##### **Contacting Nursing Department**

To speak directly with the Charge Nurse for urgent matters please call the RN Charge Nurse cell number at 613-802-0513.

#### Resident Services

##### **Nursing Restorative**

MVL's Nursing Restorative program is continuing to grow and evolve. The program supports our residents that require promotion of independence in tasks such as walking, eating, bed mobility, and communication. Residents on walking programs are now travelling the grounds alongside our therapy dog Maple, and communication programs are occurring outdoors with common conversation.

##### **Physiotherapy Department**

Physiotherapy continues to keep our residents active and moving in creative ways. The newest group exercise program is called Sun Rise Yoga in the Gazebo, offered by our Certified Yoga Teachers, accompanied by essential oils and calming music. In addition, topics of mindfulness are discussed.

##### **Behavioural Support Ontario (BSO)**

BSO continues to be an exciting time for long-term care as the benefits of behavioural support at MVL and across the province are gaining recognition and expanding. A Psychogeriatric Resource Consultant was invited to facilitate an education session and simulation for the Behavioural Support Team. BSO assists with pre-admission visits and is involved with transition to LTC for the resident, family and care team. Amanda, MVL's BSO Team Lead works closely with the Mobile Response Team, assists the Restorative Aide as a certified yoga teacher, attends meetings with a BSO Liaison to discuss the initiative's progress and encourages family participation with behavioural support in the home. MVL's BSO Team Lead will continue education at the SELHIN attending monthly co-operative meetings.

#### Recreation

##### **Birthday Celebration**

Families are welcome to join the monthly birthday celebration Friday, June 28, 2019 at 2:00 pm.

##### **MVL Memorial Service**

A Memorial Service is planned for June 7, 2019 at 10:30 am, in memory of our departed loved ones. Light refreshments and snacks will be served in the Family Room following the service.

##### **Exciting Programs**

A Patio Picnic Lunch program has begun on Tuesdays, Fresh Air Fridays. Wednesday June 12, 2019 residents will be enjoying a trip to the Aquatarium at Tall Ships Landing in Brockville.

#### FAMILY SUPPORT / SERVICES

##### **Maple View Lodge Auxiliary**

The next meeting will be held Thursday June 13, 2019 at 12:30 pm at JJ's Restaurant in Athens. Meetings will then commence in September. New members are welcome. For more information contact: Freda Schaafsma at 613-924-9036 or Susan Blancher at 613-924-9626. The Auxiliary enriches resident's lives providing bingo treats, music therapy, special summer tour outings and much more.

##### **Family Council**

MVL Resident families are welcome to join our informative discussions and family concerns. The next meeting is Tuesday, June 25, 2019 at 1:00 pm, Meadowview Sunroom. Meetings will then commence in the fall. For information, contact Marie Smid, Secretary, at 613-924-9032.

##### **Caregivers Support Group**

The Alzheimer Society, meetings are held the third Thursday of each month at 1 pm in the MVL Family Room.