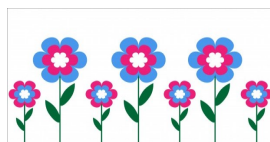


MESSAGES FROM . . .

**Support Services**

**Gardens**

MVL flower gardens and pots have been blooming nicely. Thank you to our residents and Recreation Department for making our Home beautiful.



**Housekeeping**

A little extra sparkle for July. Our residents have a more enhanced view with our exterior windows clean for the summer. "Bring on the sunshine."

**Clothing Rotation/Purging**

Thank you to those who have purged and rotated seasonal clothing from your loved one's closet. Keeping closet easily contents accessible helps your loved one retrieve their clothing independently.

**Dietary**

The kitchen has been refreshed with a new non slip floor. Installation took place after hours to avoid interruptions with meal preparation.

**Maintenance**

Summer is a busy season for the maintenance department with many contracts underway or in the works. In mid July call bells will be added to the gazebo and the new patio off the south east home area for resident safety. End of summer or early fall we aim to replace some windows in the Brookside and Meadowview home areas as well as the south centre core windows.

**Nursing Care**

**Contacting Nursing Department**

To speak directly with the Charge Nurse for urgent matters please call the RN Charge Nurse cell number at 613-802-0513.

**Resident Services**

**Physiotherapy Department**

Physiotherapy would like to share the many benefits of our Sunrise Yoga program for residents held weekly in the Gazebo. Yoga benefits include: Improved balance and stability, flexibility and joint health, improved respiration, reduces high blood pressure, anxiety and encourages mindfulness. For inquiries, the physiotherapist is at the Home every Thursday from 8:00 to 4:00 pm.

**Mobility Care**

Our assistive devices vendor is at the Home on the first and third Tuesday of every month.

**Resident Council "Who Are We"**

The Residents' Council provides an opportunity through which residents maintain a degree of control over their lives, share in the management of the Home and thereby contribute to the welfare of all involved, including staff and administration. All residents are welcome to join Resident Council. Meetings are held the first Monday of every month. Maple View Lodge is a member of Ontario Association of Residents' Councils. (OARC)

**Announcements**

**CPHC**

Community Primary Health Care now has their Footcare clinics held at Maple View Lodge. Formerly held at the Athens Lions Hall. For any inquires, please contact CPHC directly.

**MVL Contracted Services Footcare/Dental Hygienist**

Contract arrangements for Footcare and Dental Hygiene are in process. Families will be notified when services resume.

**Recreation**

**Exciting Programs**

The Patio Picnic Lunch program on Tuesdays continues. Residents will be trying a new restaurant "Moose McGuire's" at Tall Ships Landing in Brockville. A trip to St. Lawrence Park in Brockville for ice cream is planned.

**Sunshine Protection**

Protecting our loved ones from UV Rays from the sun is a concern for all. Please ensure your loved one has a hat and sunscreen labelled with their name.

**Birthday Celebration**

Families are welcome to join the monthly birthday celebration Friday, July 26, 2019 at 2:00 pm.

**FAMILY SUPPORT / SERVICES**

**Maple View Lodge Auxiliary**

The Auxiliary wishes the Staff, Residents and Families a fun, safe summer. The regular meetings will resume this fall. The next meeting date is on Monday, September 16, 2019 at 1:30 pm. New members are welcome. For more information contact: Freda Schaafsma at 613-924-9036 or Susan Blancher at 613-924-9626.

**Family Council**

MVL Resident families are welcome to join our informative discussions and family concerns. Meetings will be commencing in the fall. For information, contact Marie Smid, Secretary, at 613-924-9032.

**Caregivers Support Group**

The Alzheimer Society, meetings are held the third Thursday of each month at 1 pm in the MVL Family Room.