

## Maple View Lodge Newsletter January 2022

### RESIDENT SERVICES:

As we start the New Year, we are glad to share that our amalgamation with Ryerson University has continued into 2022. The Teri Project has continued weekly virtual Face Time sessions with a new student participant in the Social Work program at Ryerson. The resident and student are getting to know each other and forming a meaningful relationship. This project allows students to practice work in their field of study and aims to prevent feelings of isolation and loneliness among the elderly. The friendships created through the Teri Project have continued beyond student placements as residents typically receive birthday cards and interact after placement completion. The Program/Support Department is extremely grateful for this meaningful amalgamation and hopes that it will act as a potential recruiting platform for the upcoming job opportunities as we grow to 192 beds.

### RECREATION:

Happy New Year! We are excited to welcome the New Year by going down memory lane and sharing our favorite moments from 2021. We will also be starting a new exercise class called Drum Fit! January will be filled with several discussion groups, mind teasers, and creativity with paint classes and other crafts. We will be celebrating Elvis' Birthday on the January 8th and national days such as Bird Day and Puzzle Day. We will be celebrating all January birthdays this month at our monthly birthday party. Hymn Sing and Worship will continue on Fridays as well as afternoon entertainment alternating each week. Bell Let's Talk Day is on January 26th and is an important day to reflect and promote awareness regarding mental health.



We encourage residents and staff to stop by the tuck shop when we host a special Tim Horton's pop up. Join us for conversations, treats and resources regarding mental health.

## **SUPPORT SERVICES:**

### **Housekeeping**

For the winter season, we ask for your help in the health and safety of all who enter our Home. Kindly attempt to remove excess snow off the bottoms of footwear onto the floor mats and use the blue booties at the front door on snowy days to cover your outdoor footwear. We appreciate your assistance in keeping residents, visitors and staff free from injury.

### **Dietary**

Good food safety practices are vital in long term care Homes. Public health considerations in food safety require that we do not place food from outside into our refrigerators. Additionally food brought into the home cannot be brought into the dining rooms. If a resident receives food from outside and it is not consumed, it will unfortunately need to be discarded.

## **NURSING:**

Please remember if you are feeling ill, or have been around others who are unwell, do not visit the Home. If you or anyone you have been in contact with develops symptoms **and** you have visited a resident with the previous 48 hours please contact the RN.

RN Cell phone for **URGENT** matters, and follow up calls. Cell number is: **613-802-0513**. For non-urgent matters **613-924-2696 ext. 6011**. To speak with the RPN: Brookside **ext. 6101** and Meadowview **ext. 6201**.



To schedule a visit or inquire about visitor information, call the door screener at: **613-924-2696 ext. 6006**. Please advise our team in advance on the number of people who will be visiting, and don't forget to bring your proof of vaccine.

## **FAMILY SUPPORT/SERVICES:**

### **Maple View Lodge Auxiliary**

Maple View Lodge Auxiliary wishes the residents, resident families and the staff of Maple View Lodge a Happy New Year.

For Auxiliary information contact: Freda Schaafsma at 613-924-9036 or Susan Blancher at 613-924-9626.

### **MVL Family Council**

We are actively seeking family council members. We encourage family members to pick up a Family Council pamphlet at the main entrance from our screeners. The information contained within the pamphlet outlines the importance of an active Family Council to enhance our Family and Person Centered Care philosophy. Please contact Brittany if you are interested in joining at: 613-924-2696 ext. 6004.

### **Caregivers Support Group**

Alzheimer Society meetings are virtual. For more information please call 613-345-7392 ext. 104.

## **REDEVELOPMENT UPDATE:**

On December 23, 2021, the Honorable Steve Clark made an announcement on behalf of the Minister of Long-Term Care Rod Phillips, sharing news of an additional one (1) million dollars for our Maple View Lodge project. In addition, he confirmed that our Development Agreement had now been signed. We are now able to proceed to tender and our project will gain visible momentum very soon!



Minister Clark began his remarks sharing his sincere thanks to the staff of Maple View Lodge, acknowledging the appreciation often expressed to him by the Mayors and citizens of this region. These sentiments were echoed by our own Mayor Herb Scott who shared his thanks for staff past, present and future who always treat this Home as their own. Respect and admiration was shared for the work that is being done by the Maple View team throughout this pandemic to keep our residents and each other safe.