

Maple View Lodge Newsletter February 2023

RESIDENT SERVICES:

Program/Support Department

We are thrilled to share that February is Recreation Therapy Month! Recreational therapy provides leisure activities that address residents' skills, abilities, overall health and emotional wellbeing having a wide-ranging and positive impact that we hold close to our hearts!

In light of Recreation Therapy month, we would like to share some information about this very creative and important field of work. Did you know that the *Fixing Long-Term Care Act* requires all professionals providing therapeutic Recreation to have a two (2) year college level Diploma in Therapeutic Recreation? In addition, aside from spending time supporting our residents' hobbies and leisure time this role in Long-Term Care is also responsible for coding two (2) sections of documentation on a weekly basis to ensure we track each residents' level of engagement in programs and activities. Intake assessments for new residents include a comprehensive assessment to ensure our Recreation team can gain insight into our new residents' past including career, family life, marital status, hobbies, interests, morals and values to ensure that all programming compliments our resident population, is inclusive and relevant. All programs are audited on an annual basis to ensure high levels of resident engagement, interest and satisfaction. Our hobbies and leisure time are life's true essence. Maple View values our Recreation Team and we recognize and thank our Maple View Recreation Aides Sarah, Calista and Shelley for their continued dedication to our residents.

Recreation

The Recreation Department is excited for February with many activities lined up this month such as a Groundhog Day prediction party, Armchair



Travel and the Price is Right. We have both crafts and entertainment in store to help us celebrate Black History Month, a Valentine's Day Heart Social, an Ash Wednesday church service, and we're ready to celebrate national drink wine day, with a non-alcoholic wine and cheese tasting program. We are extremely happy to announce the resumption of our weekly entertainment for both Brookside and Meadowview this month. We will be coordinating Family Day face times on Family Day February 20th, for anyone who wishes to connect with their loved ones. Bookings are 15 to 30 minute time slots. Meadowview's booking times are in the morning from 9:30-11:30 am and Brookside will take place in the afternoon 1:30-3:30 pm. Please call the Recreation Department at ext. 6014 to book your Facetime visit. Looking forward to these events this month and hope everyone has a safe and enjoyable February.

VOLUNTEERS:

Maple View Lodge Auxiliary

Maple View Lodge Auxiliary wishes the Residents, their Families and the Staff at Maple View Lodge a Happy Valentine's Day.

The Tuck Shop will reopen, on Monday February 13, 2023 at 1:30 pm.

The next Auxiliary meeting will be February 27, 2023 at the Joshua Bates Centre, in Athens at 1:30 pm.

New members welcome. For Auxiliary information contact: Freda Schaafsma at 613-924-9036 or Susan Blancher at 613-924-9626.

FAMILY SUPPORT/SOCIAL SUPPORT:

MVL Family Council

We are pleased to share with all of our family members that our Family Council has officially established an e-mail:

MVLFamilyCouncil@outlook.com. This e-mail is for family members to reach out to any of our existing family council members to ask questions, talk in confidence or share ideas that you wish for the council to discuss,



that would positively benefit Maple View Lodge residents. We hope for this method of communication to enhance our family members' connection.

Caregivers Support Group – Alzheimer's Society

Join us for one of our on-line or support groups. Groups are confidential environments for Caregivers to share and learn.

We also offer in person groups in the Leeds Grenville area, education sessions, and we can meet one-to-one with an appointment.

Alzheimer Society meetings are virtual the first Friday of each month from 1:00 pm – 2:00 pm on Zoom. In person groups are held in Brockville the second Thursday of each month 10:30 am – noon at the Alzheimer Society Offices. For more information, please contact Catherine Maskell, Education and Support Coordinator at 1-866-576-8556 ext. 104.

SUPPORT SERVICES:

Dietary Department

Recipe share: does your loved one have a favorite recipe that would be menu appropriate here at Maple View Lodge? Please email MVLadminservices@uclg.on.ca by March 31, 2023.

Housekeeping

Missing an article of clothing? Please check our lost and found cart located near the waiting area. Any items not labelled will be placed here in hopes they make their way back to their owner.

Personal recliners - if your loved one has a personal recliner it is recommended/required that the family provide at minimum 2 waterproof recliner covers for infection control and health and safety reasons. This protects the furniture from any spills or accidents etc. We launder the covers in house and the purchase of a secondary cover allows us to protect the furniture when the soiled cover is laundered.



Maintenance

In the winter months we are used to running humidifiers in our own homes, unfortunately public health reports indicate they can become problematic in spread of illness and are required to be cleaned/disinfected as per manufacturer instructions. Maple View Lodge does not permit personal humidifiers in the home for infection control reasons. The homes building automation system is tied in with our humidifiers to ensure the home is within Ministry recommended comfort levels.

NURSING:

If you or anyone you have been in contact with, develops COVID, flu like, cold or gastrointestinal symptoms, and you have visited a resident with the previous 48 hours please contact the RN. Please continue to self screen before coming to the Home.

The RN cell number is: **613-802-0513**. Please keep in mind the RN cell contact is for **URGENT** matters, and follow up calls. For non-urgent matters, please call the RN office at **613-924-2696 ext. 6011**. To speak with the RPN: Brookside **ext. 6101** and Meadowview **ext. 6201**.

REDEVELOPMENT:

1) Site Works

- Storm piping sections and structure MH5 set in place, including storm line out to building facade
- Backfill around storage tanks and interior fire pit, last section of lean mix concrete formed and poured for footing at fire pit tank
- Preparations and movement of stockpiles occurring for building excavation
- Compound & site continues to be set up for temporary washroom structures finalized
- Continued to manage site water due to snow melt and rain activities
- Footing reinforcing arrived for centre core

- Trenching and pouring of electrical ductbank from new transformer base out towards building completed
- Excavation of building commenced and protected with insulated tarps

2) Upcoming Activities

- Finalize backfill around Newterra (septic) tanks
- Storm retention swale
- South parking lot subgrade around to north parking lot
- Centre core excavation for footings
- Rebar delivery for centre core footings & Piers





Backfill over piping



Trenching



Lean mix concrete formed and poured for footing at fire pit tank



Excavation of building commenced and protected with insulated tarps