

Recommended Garments	
Men	Women
<ul style="list-style-type: none"> <li>• 7 outfits – pants and shirts</li> </ul>	<ul style="list-style-type: none"> <li>• 7 outfits – dresses or pant and top sets</li> </ul>
<ul style="list-style-type: none"> <li>• 7 pairs socks and underwear</li> </ul>	<ul style="list-style-type: none"> <li>• 7 pairs stockings – pull ups or cotton</li> </ul>
<ul style="list-style-type: none"> <li>• 5 night clothes</li> </ul>	<ul style="list-style-type: none"> <li>• 7 sets of undershirts/bras and panties</li> </ul>
<ul style="list-style-type: none"> <li>• 2 housecoat</li> </ul>	<ul style="list-style-type: none"> <li>• 5 night clothes</li> </ul>
<ul style="list-style-type: none"> <li>• 4 sweaters</li> </ul>	<ul style="list-style-type: none"> <li>• 2 housecoat</li> </ul>
<ul style="list-style-type: none"> <li>• 2 pairs shoes</li> </ul>	<ul style="list-style-type: none"> <li>• 4 sweaters</li> </ul>
<ul style="list-style-type: none"> <li>• 2 pair slippers</li> </ul>	<ul style="list-style-type: none"> <li>• 2 pairs of shoes</li> </ul>
<ul style="list-style-type: none"> <li>• 1 jacket/coat (summer and winter)</li> </ul>	<ul style="list-style-type: none"> <li>• 2 pair slippers</li> </ul>
<ul style="list-style-type: none"> <li>• 1 cap</li> </ul>	<ul style="list-style-type: none"> <li>• 1 jacket/coat (summer and winter)</li> </ul>
<ul style="list-style-type: none"> <li>• 1 pair gloves</li> </ul>	<ul style="list-style-type: none"> <li>• 1 hat and a pair of gloves</li> </ul>
<ul style="list-style-type: none"> <li>• Razor</li> </ul>	<ul style="list-style-type: none"> <li>• Razor (if required)</li> </ul>